



# ENCONTRO CIENTÍFICO DO AGRESTE ALAGOANO DOS DISTÚRBIOS DO SONO

Desperte para os Sinais e Sintomas  
e melhore sua Qualidade de Vida

## Final Program

08:00 - 08:30: Registration and accreditation

08:30 - 09:00: Welcome ceremony

**09:00 - 09:40: Opening Conference**

Importance of SLEEP for human physiology

Profa. Dr. Christiane Cavalcante Feitoza (UFAL)

**Panel I - Multidisciplinary working against sleep disorders**

**09:40 - 10:00 Lecture: Anatomic alterations of the airway x OSAS**

Profa. Dr. Christiane Cavalcante Feitoza (UFAL)

**10:00 - 10:20 Lecture: Treatment of snoring in childhood through Functional Jaw Orthopedics**

Prof. MSc. Wanderson Azevedo (FUNORTE)

10:20 a.m. 10:40 am Coffee Break

**10:40 - 11:10 Lecture: Sleep deprivation, transcriptome and cancer: the deregulation of biological rhythms as a result of activities at unusual times.**

Dr. Diego de Serqueira Figueiredo (UFAL)

**11:10 - 11:40 Lecture: Obesity x OSAS**

Keslly Tayná Silva Cabral (Nutritionist)

**11:40 - 12:10 Lecture: Treatment of Obstructive Sleep Apnea Syndrome with Intraoral Apparatus**

Taciana Lopes Prazeres (Dentist with Certification in Sleep Dentistry)

12:00 - 13:00: Evaluation of the banners

13:00 - 14:00: Break for lunch

**Panel II - Sleep and quality of life**

**14:00 - 14:30 Lecture: Sleep x Aging**

Dr. Rossana Araújo Silvestre (Neurologist)

**14:30 - 15:00 Lecture: Systemic consequences of OSAS**

Dra Katianne Wanderley Rocha (Otorhinolaryngologist, SONO Medicine Specialist)

**15:00 - 15:30 Lecture: Depression x Sleep**

Dr. Darlan Medeiros (Neurologist / Psychiatrist)

**15:30 - 16:00 Lecture: Speech-Language Pathology and Audiology in SAD Disorders**

Profa. Msc. Ana Carolina Rocha (Speech Therapy - UNCISAL)

**16:00-16:30 Closing of the event with the award of the 3 best banners presented.**

16:30 - 17:00 Musical attraction

Realização:

