

4th Conference of South-East Asian Academy of Sleep Medicine

12th -14th October, 2018 at Hyatt Regency, Lucknow, U.P. (India)

Organized by



South-East Asian Academy
of Sleep Medicine

Endorsed by

WORLD SLEEP SOCIETY
ADVANCING SLEEP HEALTH WORLDWIDE



Founded by WORLD ASSOCIATION OF SLEEP MEDICINE and WORLD SLEEP FEDERATION

Co-Organizers



SURYA FOUNDATION
(Erstwhile Surya Chest Foundation)



**MIDLAND HEALTHCARE
AND RESEARCH CENTER**



**GLOBE
MEDICARE**

Dr. B.P. Singh
Organizing Secretary

Visit: www.seaasm.org

Email: seaasmconference@gmail.com

Contact: 9196-444-444, 9196-888-888, 9450-658-239



Dear Friends,

It gives me immense pleasure to invite you to 4th International conference on sleep disorders, South East Asian Academy of sleep Medicine 2018, to be held at city of Nawabs, Lucknow U.P. (INDIA) on 12 th , 13 th & 14th October 2018.

Medical disorders related to sleep are obviously not new. Yet the discipline of sleep disorders medicine is in its Infancy, in this part of the world especially in our country. Sleep is necessary, but its function, Physiology and Pathophysiology have been unfolding only with explosion of knowledge since this century.

Sleep Research has opened the doors to the field of sleep medicine as we know it today. It has experienced incredible growth in research, clinical practices and sleep medicine education.

The knowledge in this field needs to be mastered from Neurology, Psychiatry, Pulmonology, Behavioural sciences, otolaryngology, oral surgery and dental sleep medicine.

We have invited eminent International and national faculty on this subject to share their experience and knowledge with us. We hope to get the best and most recent on this subject from the luminaries who will take forward the sleep medicine in India and other parts of South east Asia.

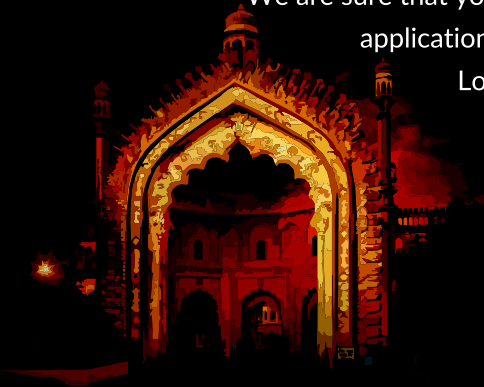
We again invite you to join us on this vast subject in this conference to get most benefit out of it.

We are sure that you will take with you a wealth of practical information for immediate clinical application that will help you to improve the overall patient care and enhance your practice.

Looking forward to welcome you all for the outstanding update on 12th, 13th & 14th October 2018.

I hope that your stay in Lucknow will be memorable with scientific and social experience.

Dr B P Singh
Organizing Secretary
SEAASM, 2018



Organizing Committee

Patrons



Dr Saroj Srivastava



Dr S K Katiyar



Dr Rajendra Prasad
Organizing Chairperson



Dr Himanshu Garg
President SEAASM



Dr B P Singh
Organizing Secretary



Dr Deepak Agarwal



Dr Prabhat K Sahai

Co- Organizing Secretary



4th Conference of South-East Asian Academy of Sleep Medicine





Dr David Cunnington
International Scientific Advisor

Dr Patibha Dogra
Scientific Co-ordinator

Dr Prerana Garg
SEAASM Co-ordinator

Scientific Committee

Dr Ashok Kumar Singh
Dr Ashish Tandon
Dr Rakesh Srivastava
Dr Anupam Jaiswal
Dr Nitin Gupta
Dr Shilpi Sahay
Dr Shaswat Saxena
Dr Rakesh K Chaudhary
Dr Nikita Jajodia

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Dr S P Shukla
Dr Rekha Gaur
Dr Sushil Upadhyay
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Dr Somnath Longani
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Dr Neeru S Gaur

Dr Atul Pathak
Dr Amir Yashir
Dr Mamata Singh
Dr Sandeep Kumar
Dr K P Singh
Dr Sandeep K Kesharwani
Dr Amit Kumar Srivastava
Dr Tarun Malik
Dr Shaktiveer Singh
Dr Smita Singh



Academic Highlights

- Eminent International and National guest faculty, authorities in the Field of Sleep Medicine
 - Workshop on Surgical intervention in Sleep
 - Workshop on Pediatric Sleep
 - Workshop on Polysomnography
 - Workshop in NIV
 - Workshop on Dental Sleep Medicine
 - Free paper and Poster Presentation
 - Best Poster Award



Registration with Invitation

Early bird Registration for Conference till 30th July 2018

Early bird Registration for Workshop till 30th July 2018

Deadline for free paper and poster presentation till 30th August 2018



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of Sleep Medicine

SEAASM 2018 Conference, Lucknow (12th to 14th October)

Four Parallel Workshops 12th October Day 1

Programme at Glance

Workshop

Coordinator's

Workshop on Polysomnography

Dr. Pratibha Dogra

Workshop on Surgical Sleep Medicine

Dr. Shashidhar

Workshop on Pediatric Sleep Medicine

Dr. Mahesh Babu

Workshop on Dental Sleep Medicine

Dr Arvind Tripathi

Day 2

Workshop on NIV

Dr Prabhat K Sahai



SEAASM 2018 Conference, Lucknow (13th to 14th October)



Scientific Programme :Topics

- Role of Loop Gain and Arousability in Sleep Apnea
- Phenotyping Sleep Apnea
- Sleep Apnea and Genetics: Learning so far
- Role of Upper Airway in Sleep Apnea
- Personalized Management Approach of OSA

- Advances in PAP therapy for Sleep Apnea
- Non PAP devices to treat Sleep Apnea
- CPAP: monitoring & optimizing compliance
- Surgical Treatment of Sleep Apnea: Indications & techniques
- Dental treatment of Sleep Apnea: matching the right patient with right device

- Central Sleep Apnea: Diagnosis & Treatment options
- Obesity hypoventilation syndrome: Diagnosis & Treatment
- Sleep in Pregnancy: Issues and Management
- Impact of Altitude on sleep



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Scientific Programme :Topics

- RLS: Assessment & Treatment
- PLMS: update in scoring rules and implications
- Parasomnia: Overview & indications of treatment
- REM Behavior disorder: diagnosing and understanding implications

- Narcolepsy: Diagnosis & Management
- Shift work: Impact on Sleep quality and Health
- Shift worker: Solutions based on Circadian rhythm principles
- Improving ergonomics to optimize performance
- Sleep disorders and Driving: Missing the obvious opportunity to impact mortality

- Understanding Insomnia
- Treatment of Insomnia: how can non experts help
- Personalizing insomnia therapy
- Improving Sleep quality in the Elderly
- Diagnosing Sleep Apnea: what is optimum



SEAASM 2018 Conference, Lucknow (13th to 14th October)



Scientific Programme :Topics

- Brief overview of scoring rules
- Titration of Sleep studies: principles & tips
- Pediatric Sleep Apnea: Challenges in diagnosing & treating

- Sleep Health and Cardiometabolic risk
- OSA and Cancer : If it is risk for malignancy
- Surgical treatment of OSA on cardiovascular Outcomes
- Sleep disordered breathing in Children

- Sleep in ICU
- Delirium in ICU ,How i Manage?
- Asthma & COPD -How Sleep is affected
- Melatonin & Sleep
- Pharmacological and non -Pharmacological management in Insomnia
- Newer Technologies in Sleep Diagnosis
- Seep Disordered Breathing in Women-Who will benefit from CPAP therapy



Eminent International Faculty:

Australia

Dr David Cunnington



Australia

Dr S S K Heraganahally

United Kingdom

Dr Milind Sovani



Sweden

Dr Farhan Shah



Singapore

Dr Tripat Deep Singh



Singapore

Dr Mahesh Babu



USA

Dr David White



USA

Ms Toni



USA

Mrs. Lata Casturi



Sri Lanka

Dr Anoma Siribaddana



Nepal

Dr Ramesh Chokhani



Nepal

Dr Milesh Sajapati



National Faculty:

Delhi

Dr Randeep Guleria

Dr G C Khilnani

Dr Rama Krishnan

Dr Hrudananda Mallick

Dr Sanjay Manchanda

Dr Apar Jindal

Dr Rakesh Chawala

Dr Manoj Goel

Dr Mayank Saxena

Dr Vikas Mittal

Dr Manjari Tripathi

Mumbai

Dr Sanjeev Mehta

Dr Amita Nene

Dr Sujeet Rajan

Kolkata

Dr Raja Dhar

Hyderabad

Dr R Vijay Kumar

Bangalore

Dr H B Chandrashekhar

Ahmedabad

Dr Gopal Rawal

Dr Viral Shah

Chandigarh

Dr Sanchit Wadhwa

Lucknow

Dr B P Singh

Dr Surya Kant

Dr Rajiv Garg

Dr S N Gupta

Dr Zia Hashim

Dr Arvind Tripathi

Dr P K Sahai

Dr S S Gupta

Dr Alok Nath

Dr M Afzal

Dr S K Verma

Dr R A S Kushwaha

Dr Santosh Kumar

Dr Ved Prakash

Dr Anand Srivastava

Dr Ajay Verma

Dr D K Bajaj

Dr Ajmal Khan

Dr Alok Srivastava

Jaipur

Dr Rajnish Sharma

Dr Shubhranshu

Noida

Dr Deepak Talwar

Dr Gyanendra Agarwal

Gurgaon

Dr Himanshu Garg

Dr Pratibha Dogra

Dr Mayank Saxena

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Bhopal

Dr Alkesh Khurana

Orissa

Dr R C sahu

Nagpur

Dr Meshram

Dr Rajesh Swarnakar

Baroda

Dr Dharmesh Patel

Bareilly

Dr Rajesh Agarwal

Dr Rajat Agarwal

Gorakhpur

Dr S K Laat

Dr V N Agarwal

Dr Shashank Ojha

Dr Nadeem Arshad

Varanasi

Dr J K Samariya

Dr Amit Jauhari

Dr Ratinder Mishra

Jalandhar

Dr H J Singh

Dehradun

Dr Ravi Gupta

Dr Puneet Tyagi

Allahabad

Dr Ashish Tandon

Kanpur

Dr Sudhir Chaudhery

Dr Rajiv Kacker

Dr A K Singh

Dr Anand Kumar

Dr Bharat Mehrotra

Dr J S Chauhan

Srinagar

Dr Parvez Kaul



Registration Form

I wish to register for the 4th Conference or Workshop or Both of South-East Asian Academy of Sleep Medicine 12th -14th October, 2018

Name:.....

Organization:.....

Address:.....

City:..... Pin Code:.....

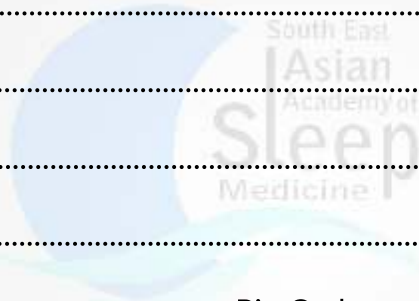
Tel(Clinic / Hospital):..... (Res):..... Mobile:.....

E-Mail:.....

Register as a member and get benefitted in sleep Medicines, visit online:www.seasm.org

For Query contact :seasmconference@gmail.com

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Registration with Invitation

Categories	Registration Fees: Early bird till 30 th July 2018				Late Registration after 30 th July 2018			
	Member		Non Member		Member		Non Member	
	National	International	National	International	National	International	National	International
Conference & Workshop	1000	US 100	1200	US 125	1200	US 150	1500	US 175
Conference	750	US 75	1000	US 100	1200	US 125	1500	US 150
Workshop	500	US 75	750	US 100	1000	US 125	1500	US 150

Early bird Registration for Conference till 30th July 2018

Early bird registration for Workshop till 30th July 2018

Free Paper and Poster Presentation

Deadline for free paper and poster presentation till 30th August 2018

Payment of the Registration Fees : -
NEFT/RTGS

Account Name : Surya Foundation (Erstwhile Surya Chest Foundation)

Account Number : 29690100029107

Bank Name : Bank Of Baroda, Munsii Puliya, Lucknow

IFSC Code : BARB0INDRA

Registration fees

By Demand Draft

Payable to Surya Foundation at Bank Of Baroda, Lucknow

Please send a copy of the payment confirmation and

Demand Draft to seasmconference@gmail.com





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Organizing Secretary

SEAASM, 2018

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