**Upstate Sleep Teaching Day**

**New Academic Building, Room 4414**

**Friday, April 20, 2018**

***7:30am – 8:15am Registration and Breakfast***

***8:15am - 9:05am “Clinical Intersection between Sleep***

***Disordered Breathing and Vascular Dementia”***

***9:10am – 10:00am “Evaluating Fatigue in Adolescents: Ever Get Tired of It?”***

***10:00am – 10:15am Break***

***10:20am – 11:10am “The Effect of Sleep Deprivation on Human Behavior”***

***11:15am – 11:30am Panel Discussion – Questions and Answers***

***11:30am – 12:15pm Lunch***

***12:20pm – 1:10pm “Insomnia Update: How to Avoid Over-Prescribing Hypnotics”***

***1:15pm – 2:05pm “Hypersomnias”***

***2:10pm – 2:25pm Break***

***2:30PM – 3:20pm “OSA and Cardiovascular Disease”***

***3:25pm – 3:40pm Panel Discussion – Questions and Answers***