Postgraduate education in Bulgaria  
Postgraduate education and training abroad  
1983-1986 - Third Natural and Mathematical Secondary School of Varna  
1989-1995 - Medical University of Varna  
1998-2001 - specialization in otorhinolaryngology in the Medical University of Varna  
2002 - acquired specialization in otorhinolaryngology  
1999-2005 - full-time PhD studies in the Medical University of Varna  
2006 - awarded PhD degree in medicine  
May 2 - June 22, 2001 - guest physician at the University ERNT Department Würzburg, Germany  
September 30 - October 25, 2002 - Praktikumsaufenthalt an der Klinik für Hals-, Nasen- und Ohrenkrankheiten, Hals-, Kiefer- und Gesichtschirurgie des Inselspitals Bern, Bern, Schweiz  
October 1 - November 30, 2008 - Mini-fellowship in the Department of Otolaryngology, Head and Neck Surgery, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel  
April 27-28, 2007 - Istanbul Symposium on Sleep Disordered Breathing. Diagnostic options and treatment possibilities in ENT clinic and practice. Istanbul, Turkey  
September 27, 2007 - Laserschutzkurs im Rahmen des Operationskurs zur chirurgischen Therapie schlafbezogener Atemstörungen. Mannheim, Deutschland  
September 28-29, 2007 - 14. Schlafapnoe-Operationskurs zur chirurgischen Therapie schlafbezogener Atemstörungen. Mannheim, Deutschland  
March 7-8, 2008 - Live-OP-Kurs - Minimal-invasive Operationstechnik in der HNO mit der Coblation. Frankfurt/Main, Deutschland  
September 17-21, 2008 - Training Course on Sleep Related Breathing Disorders, including diagnosis and live surgery. Berge, Norway  
June 4, 2011 - Kurs 28. Zahnschienen zur Therapie von Schnarchen und Schlafapnoe - Update 2011. 10. Jahrestagung der Deutschen Akademie für Hals-Nasen-Ohren-Heilkunde, Kopf- und Hals-Chirurgie e. V. Freiburg in Bremen, Deutschland  
June 5, 2011 - Kurs 47. Schlafbezogene Atmungsstörungen. Wer eignet sich für welche Therapie? 10. Jahrestagung der Deutschen Akademie für Hals-Nasen-Ohren-Heilkunde, Kopf- und Hals-Chirurgie e. V. Freiburg in Bremen, Deutschland  
July 2-6, 2011 - Instruction course: New concepts in sleep apnea - hypoglossal stimulation. 1st Congress of CE-ORL-HNS. Barcelona, Spain  
August 27-September 1, 2012 - 10th World Congress of Sleep Apnea. Roma, Italy